



**Richard L. Snyder, M.D.**, *Executive Vice President, Facilitated Health Networks - Independence Blue Cross*  
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Dr. Snyder is a graduate of Franklin & Marshall College and the Medical College of Pennsylvania. He is board certified by the American Board of Family Medicine, and is a Fellow of the College of Physicians of Philadelphia, and a member of the American Medical Association, the Pennsylvania Medical Society, the American Academy of Family Physicians, and the Pennsylvania Academy of Family Physicians.

In addition to his executive post at Independence Blue Cross, he is active in a variety of professional organizations, including the HealthShare Exchange of Southeastern Pennsylvania, the American Heart Association of Southeastern Pennsylvania, the Mayor's Task Force to Combat the Opioid Epidemic in Philadelphia, and serves on the boards of the Independence Blue Cross Foundation and Tandigm Health.



**Melissa Chipollini, Psy.D; LPC**, *Clinical Psychologist, Licensed Professional Counselor*  
Connect: [melissa.chipollini@gmail.com](mailto:melissa.chipollini@gmail.com)

Ms. Chipollini is a bilingual, Latina, with vast experience in psychological research, individual/group counseling, sex-offender specific treatment, trauma, identity, emotion regulation, and relationship concerns throughout both community and institutional settings; as well as evidence-based, Cognitive-Behavioral Therapy (CBT) among clinical, forensic, and substance abuse populations. She is adept working with individuals in law enforcement, as well as with those with criminal and violent histories.



**Ann L. Colley, LMFT, M.Div., MBA**, *Licensed Marriage/Couple & Family Therapist; Ordained Clergy*  
Connect: [www.alcolleyassociates.com/team/ann-l-colley](http://www.alcolleyassociates.com/team/ann-l-colley)

Ann Colley specializes in assisting couples and individuals improve the quality of their lives and relationships, by healing from past pains which constrict the forward movement of progress. Whether in a counseling room or boardroom, she believes that increasing awareness, competence and/or well-being delivers the positive, bottom-line outcomes that maximize human potential.



**Carrissa Y. Ferguson-Thomas, Psy.D, LCSW**, *Licensed Psychologist, Licensed Clinical Social Worker*  
Connect: [Dr.carissaft@gmail.com](mailto:Dr.carissaft@gmail.com)

Dr. Ferguson-Thomas provides therapeutic intervention in the forms of individual, couple's, family and group therapy. She is keenly involved in the areas of youth development, women's issues, health disparities and self-help.

In addition, Dr. Ferguson-Thomas has written and published two books: *It Is What It Is: Unless You Do Something Different*, published in 2014, was written to help women develop and maintain healthy relationships; and *Mommy Gets Her Smile Back*, was published in 2023, and aimed at starting conversations about juvenile depression. She also created and self-published "Our Way," a behavioral health magazine designed to provide behavioral health information to and about people of color. Dr. Ferguson-Thomas co-hosted the Comcast television talk show: "A Better Way" with Pastor Dana Lewis. The show was developed to offer spiritual and clinical advice on a variety of life issues.



**Damilola Fowowe, MSN APRN PMHNP-BC, *Psychiatric Nurse Practitioner***

Connect: [www.restore360.org](http://www.restore360.org)

A registered nurse at the age of 21, Dami Fowowe, a native of Nigeria, decided to further her aspirations with a masters in nursing and then earning another post master's certificate. As a dual certified family nurse practitioner and psychiatric nurse practitioner with many years working with the older population.



**Rachel Margolin, LCSW, *Licensed Clinical Social Worker, Life Coach***

Connect: [rhm112@aol.com](mailto:rhm112@aol.com)

Rachel Margolin is a LGBTQ+ affirmative social worker in Pennsylvania and New Jersey. With over 25 years of experience, Rachel Margolin believes in meeting her clients where they are and celebrates their courageous ability to ask for help.

Her approach to mental health combines cognitive-behavioral, humanistic, psychodynamic and rational- emotive counseling to address a wide range of challenges including depression, anxiety, relationship issues, parenting problems, loss of a loved one, trauma, and physical and sexual abuse.



**David Hale Sylvester, *Award-Winning Author, Personal Trainer, Life Coach***

Connect: [www.davidhalesylvester.com](http://www.davidhalesylvester.com)

Following the tragic 9/11 death of his close friend and others, David Hale Sylvester decided to commit himself to healing devastated hearts, lifting depression and restoring hope. He does this by extending hugs, smiles, and high fives to the hundreds of thousands of people he encounters across America and the globe.



**Alimah (Lee) Walker, MA, NCC, *Licensed Professional Counselor***

Connect: [www.alcolleyassociates.com/team/alimah-walker](http://www.alcolleyassociates.com/team/alimah-walker)

Whether it's managing moods swings, recovering from trauma, addiction, and/or adjusting to life-changing events, Alimah Walker - with over 25+ years as a psychotherapist and clinical supervisor - enjoys sharing what she knows with others as means of assisting them on their personal journey of self-discovery.



**Camille Whitsett, M.Ed, *Independent Mental Health Care Professional***

Connect: [www.alcolleyassociates.com/team/camille-whitsett](http://www.alcolleyassociates.com/team/camille-whitsett)

Camille Whitsett has 22 years of experience in a variety of mental health service applications. She has worked as an educator, counselor, therapist and mentor with adolescents, and their families, as well as with intellectually disabled and developmentally disabled adults. Additionally, she's provided Cognitive Behavioral Therapy (CBT), Schema Therapy and EMDR for survivors of sexual abuse, assaults, rape, gender-based violence (GBV) and human trafficking.