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classienu While #shelteringinplace, folks start asking "what's for lunch" and this is what we came up with: shrimp and egg salad with sliced tomatoes and avocado on a bed of mixed greens. BTW, avocado growers say that just one-third of a medium avocado contributes nearly 20 vitamins and minerals and contains monounsaturated fat(good fat).

11w



bettiegolden Look delicious my type of lunch



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