

Multicultural Men

Independence 



Men's Health Month 2020 "Virtual Healthy Cooking Demonstration"

Presented by

Patricia Marshall Harris - *Classie Nutrition, LLC*

Assisted by

Stephanie Fuller - *Special Foods By Fuller*

Date: June 2, 2020 | Time: 12:00 pm - 1:00 pm

Location: Your Kitchen & [Link here to Skype Meeting](#)



Classie *and* Essential Nutrition 

A Corporate Nutrition & Healthy Lifestyles Consultancy

www.classie-essential-nutrition.com