





Yesterday's lunch ingredients were prepared and presented in nutritiously flavorful combination, on a single roasting pan. They included roasted white Sweet Potatoes, ginger-infused Carrots, red and green Brussel Sprouts, Red Onions and sliced Garlic. Added to the final presentation was wild-caught, firm and meaty, roasted Sword Fish, accented with Freshly Ground Pepper, and a dash of Hungarian Paprika.

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NOVEMBER 22, 2019

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